

## Your How to be AWESOME Guide

Supporting children with autism to live their best lives





# Will you be AWESOME?

Let's Get Awesome for Autism in April, to mark Autism Awareness Month.

Children with autism face challenges each and every day of their lives.

This is your opportunity to rally your friends, family and work colleagues to celebrate and show support for children with autism.

Your caring support will directly benefit the young children attending AEIOU's centres.

Together, we can help children with autism to live their best lives.

Need ideas? We'd love to hear from you at events@aeiou.org.au

### **How YOU can be AWESOME!**

### Being AWESOME is easy:



Pick a date in the month of April



Register online how you are getting AWESOME



Share your news and invite your network



Ask for support from your community

# Some fun ways to get awesome and raise much needed funds for children with autism

- A simple free dress day with a gold coin donation is easy and everyone can be involved.
- How about a morning tea bake off?
  Who can create a delicious masterpiece?
- Have a crazy hat day! With a gold coin donation.
- Engage your inner bookworm, and seek sponsorship for each book you read in April.
- Put your skills to the test in a let's get AWESOME for autism spelling bee contest.
- Run a raffle. Everyone loves to win a prize!
- Run laps of your local school or oval and ask your network to sponsor you.

- Get your AWESOME gang together for a BBQ!
- Change your hair colour, cut, shave or go crazy with hair spray for this AWESOME cause.

Need more ideas? We'd love to help. Contact the fundraising team at events@aeiou.org.au



Your efforts are life changing

#### DID YOU KNOW? 1 in 70 people in Australia are diagnosed with Autism **FACT:** Each child at AEIOU has a individualised plan with a focus on FACT: communication. Research shows social skills and **FACT:** early intervention inclusion. program provides We can not make vital life skills for a difference without children with your generous FACT: autism support There is no known cause or cure for **FACT:** autism and it does Boys are diagnosed not discriminate with autism more often than girls. This may be due to how characteristics of autism differ in boys and girls. Children with autism face challenges every day of their lives. Be AWESOME this April and you can make a life changing difference!

### Thank YOU for being AWESOME!

AEIOU Foundation is a specialist provider of therapy, education support and care for autistic children aged 2-6 years.

Autism affects people differently, but the children at AEIOU have a several things in common. To start, they're valued, respected and included when they come to AEIOU. Our team understands their unique strengths, needs and goals. So, while many have experienced exclusion and isolation, AEIOU offers an environment to develop important skills that foster independence, meaningful participation, and access to the community.

Parents and carers are valued partners, and receive access formal and informal supports as they navigate a complex early-years journey with their child.

When you participate in Let's Get Awesome for Autism, you are not only raising vital funds for these children, you are raising awareness. Thank you so much for your caring commitment. Together, we are changing lives.

Alan Smith CEO, AEIOU Foundation